## **Pitts Baptist Child Development Center**

140 Pitts School Road, NW ~ Concord, NC 28027 ~ (704) 786-1950

## NOVEMBER 2023

Morning Snack: 9:00 am

Lunch: 11:30-12:15 (varies by class)

Afternoon snack: 3:00 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5			1 Bagels w/ cream cheese	2 Sausage biscuit, milk	3 Waffles, milk	4
			Hotdog, baked beans, pears, milk	Ham & cheese wrap, carrots, banana, milk	Lasagna, corn, applesauce, milk	
			Goldfish, juice	Graham crackers, milk	Cereal mix, milk	
	6 Cinnamon toast, milk	7 Oatmeal, milk	8 Nutrigrain bar, milk	9 Whole grain cereal, milk	10 Muffins, milk	11
	Chicken sandwich, mixed veggies, pineapple, milk	Mac & cheese, green beans, peaches, milk	Meatballs & gravy, rice, peas, mandarin oranges, milk	BBQ chicken, black eyed peas, banana, milk	Ravioli, peas & carrots, pears, milk	
	Cheese crackers, milk	Fig newtons, milk	Pretzels* & Craisins*, milk	Vanilla wafers, milk	Tortilla chips, juice	
12	13 French toast sticks, milk	14 Biscuit & jelly, milk	15 Grits, milk	16 Hashbrown, milk	17 Yogurt, milk	18
	Chicken wrap, carrots, fruit cocktail, milk	Popcorn chicken, mixed veggies, pineapple, milk	Meatball sub, potato wedges, peaches, milk	Grilled cheese, green beans, mandarin oranges, milk	Meatloaf, mashed potatoes, pears, milk	
	Rice krispy treat, milk	Crackers, milk	Granola bar*, milk	Pudding, milk	Nutrigrain bar, milk	
19	20 Ham biscuit, milk	21 Fruit cup, milk	22 Pancakes, milk			25
	Chicken casserole, peas, applesauce, milk	Fish sandwich, tater tots, mixed berries, milk	Hamburger, baked beans, pineapple, milk			
	Cheese & crackers, milk	Wheat thins, milk	Veggie straws, milk			
26	27 Yogurt, milk	28 Ham biscuit, milk	29 Whole grain cereal, milk	30 English muffin w/ jelly, milk		
	Soy butter & jelly sandwich, cucumbers, fruit cocktail, milk	BBQ meatballs, mashed potatoes, mandarin oranges, milk	Sloppy joes, green beans, peaches, milk	Chicken & noodles, lima beans, pears, milk		
	Rice cakes, milk	Oatmeal cookies, milk	Chex mix, juice	Jell-o w/ fruit, milk		

Items marked with a \* will be substituted for children under 18 months when developmentally appropriate.